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Jaisri M. Lambert Ayurvedic Practitioner and Consultant ? Facial Diagnosis in Ayurveda



Jaisri Lambert has been practicing and teaching

natural therapies since 1983, studied first for her own debilitating migraine headaches. In 1989 she met Vaidya Vasant D. Lad, B.A.M.S., MA.Sc., renowned Ayurvedic physician and author, in Victoria, B.C., an event that influenced her life deeply.

Once her migraine syndrome was understood and managed, her study of the broad

philosophies of Ayurveda began with her classical twelve-year apprenticeship in Ayurveda under Dr. Vasant Lad. Jaisri also studied the Vedic culture in its origin, which emphasizes that human and divine experiences are related, and that as we achieve individual balance, we also realize more spiritual harmony and a state of unity that feels natural.

Jaisri has authored many articles and training manuals in Ayurveda and Turiya Therapy, and travels internationally to introduce the theory and practice of this ancient wisdom to delighted students of all levels.

Now in her mid-60s, Jaisri is an innovative healer who has developed new techniques in Energetic Healing and Invisible Anatomy. Her success is due to the comprehensiveness and effectiveness of Ayurveda and to the public's sincere search, like her own, for holistic health through natural methods. Her gift of teaching Ayurveda at all levels is unique, bringing this knowledge to students internationally.

Contact Jaisri at <http://www.ayurveda-seminars.com/contact-ayurveda-seminars.htm>

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