

Radha Sridhar



Radha Sridhar, B. Commerce, LLB, Diploma

in Yoga (KYM), CYT, E-RYT 500 worked primarily in Human Resources for over 18 years.

She completed her Diploma in Yoga from the KYM and worked as a senior Consultant and full time Yoga teacher at the KYM for 10 years. Radha has taught theory and practical Yoga classes for KYM Diploma local students as well as international students.

Since 2002, she has been a full-time Yoga teacher/therapist/teacher trainee at Yoga

Raksanam, specializing in VedicChanting. She also teaches at public schools and sports clubs in Chennai, India.

For Yoga Therapy International's CYT 1000 program, Radha teaches Therapeutic and Teaching Skills and Providing Private Yoga Therapy.

Contact Radha at radha@yogarakshanam.com

Source URL: <http://www.yogatherapyinternational.com/radha-sridhar>