

## DV Sridhar



**DV Sridhar, B.E., MTech in Engineering (IIT), Diploma in Yoga**

**(KYM), CYT, E-RYT 500** worked in the corporate world for over 15 years before becoming a Yoga teacher over 25 years ago. After completing a Diploma in Yoga from the KYM (Krishnamacharya Yoga Mandiram), he was a Yoga Therapist for 12 years and the Director of Yoga Studies at the KYM. During his tenure, Sridhar organised many seminars for international students on a variety of subjects. His responsibilities included training teachers/therapists by conducting two-year post-graduate courses in Yoga.

Sridhar has travelled widely to countries such as Germany, New Zealand, Australia, Malaysia and South Africa, training Yoga teachers and therapists. He has been a full-time Yoga teacher/therapist/teacher trainer at his Registered Yoga School (RYS), Yoga Raksanam in Chennai, India since 2002.

**For Yoga Therapy International's CYT 1000 program, Sridhar teaches Yoga Philosophy, Therapeutic and Teaching Skills, and Providing Private Yoga Therapy in Chennai, India.**

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