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## Press and Publications

**Life Without Limits: Adapted Yoga** featuring Maggie Reagh at the CP Yoga event. CPABC's adapted yoga offers a safe, calm environment for people with physical disabilities to explore yoga in a non-competitive and supportive environment. The program also examines meditative breathing and movement. (Video)

· *Info about how to join classes* - <https://www.bccerebralpalsy.com/programs/adapted-yoga/>

· *YTI Resource for Movement Disorders* - [Download the associated document](#)

**Extended Side Angle for Scoliosis Workshop** by Maggie Reagh for Yoga International's Anatomy and Yoga Therapy Conference (Video)

**The Power of Yoga Therapy** by Maggie Reagh for International Association of Yoga Therapists (Video)

**Yoga Therapy International** Promotional Video

**The Relaxation Response: Yoga Therapy Meets Physiology** ? Article by Maggie Reagh published in *Yoga Therapy Today*, Summer 2017

**Teachers Become Students** ? Article from the *Hindu, Chennai, Tamil Nadu, November 16, 2012* , By *Anusha Parthasarathy*

**Georgia Straight Article**

**Chanting Tracks**

<http://www.cdbaby.com/cd/yyogacommunity>

[http://www.amazon.com/gp/product/B004YWN6W4/ref=dm\\_sp\\_alb](http://www.amazon.com/gp/product/B004YWN6W4/ref=dm_sp_alb)

<http://www.amazon.com/Lokah-Samastah-Sukhino-Bhavantu-feat/dp/B004YWNAKM>

[http://www.amazon.com/gp/product/B004YWN7M8/ref=dm\\_dp\\_trk2](http://www.amazon.com/gp/product/B004YWN7M8/ref=dm_dp_trk2)

[http://www.amazon.com/gp/product/B004YWNAXO/ref=dm\\_dp\\_trk12](http://www.amazon.com/gp/product/B004YWNAXO/ref=dm_dp_trk12)

<http://soundcloud.com/maggie-reagh>

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