

Published on *www.yogatherapyinternational.com* (<http://www.yogatherapyinternational.com>)

Ali Fassbender



Ali Fassbender grew up in Saskatchewan.

Ali has lived on the west coast for over 25 years. She has spent her work life supporting elders through dental transitions and, during that time, became a Yoga Therapist with a focus on grief and loss.

Somatic Experiencing has created the conditions for healing and growth that compelled her to become a somatic practitioner. As an avid learner, Ali is now studying counselling.

Ali volunteers at her local Hospice, a crisis line, as well as the book club at the FVI Women's Prison. She has recently become a Grandmother!

Source URL: <http://www.yogatherapyinternational.com/content/ali-fassbender>