

CYT 1000 Program Summary

Prerequisite: RYT 200 (or equivalent) with at least one year of teaching and practice experience

Format: 3 Intensive Mixed-Mode Terms with Distance Learning Practicums after each Intensive

Years: 3 Years (36 months)

Hours: 1000 Hours (586 In-Person + 196 Synchronous Online + 218 Asynchronous Online)

3 Mixed-Mode Terms: 3 Years ? 1000 Hours

Term 1: The Foundation ? 394 Hours

- Synchronous Courses Online ? 5 Weeks: June 14 ? July 16, 2021 ? 150 Hours
- Synchronous Internship Online ? 8 Months: September, 2021 ? April, 2022 ? 20 Hours
- In-Person Courses & Internship ? Vancouver, Canada ? 5 Weeks: June 13 ? July 15, 2022 ? 170 Hours
- Practicum 1 (50 Asynchronous + 4 Synchronous Hours) ? 4 Months: September ? December, 2022 ? 54 Hours
- **Tuition:** \$1000 deposit + \$3925 CAN plus 5% tax (\$196.25) by April 1, 2021
- **Early Bird:** Save \$100 CAN if you pay your full tuition for Term 1 **by January 1, 2021**

Term 2: The Source ? 235 Hours

- In-Person Courses & Internship ? 6 Weeks: Chennai, India: January 9 ? February

17, 2023 ? 192 Hours

- Practicum 2 (40 Asynchronous + 3 Synchronous Hours) ? 3 Months: March ? May, 2022 ? 43 Hours
- **Tuition:** \$2,937.50 CAN plus 5% tax (\$146.88) by **August 1, 2022**

Term 3: The Integration ? 371 Hours

- 7 Weeks ? In-Person Courses & Internship ? Vancouver, Canada: June 12 ? July 28, 2023 ? 224 Hours
- Practicum 3 (100 Asynchronous + 8 Synchronous Hours) ? September, 2023 ? April, 2024 ? 108 Hours
- Distance Learning Capstone Case Study Project ? September, 2023 ? May, 2024 ? 39 Hours (28 Asynchronous + 11 Synchronous Hours)
- **Tuition:** \$4637.50 CAN plus 5% tax (\$231.88) by **April 1, 2023**

Sign Up Now ^[1]

In the **Open House** below, Maggie Reagh, core faculty members, and program graduates discuss and answer questions about our **2021-2024 Certified Yoga Therapist** training.

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Source URL: http://www.yogatherapyinternational.com/ytt_program

Links

[1] <mailto:maggie@yogatherapyinternational.com?subject=1000-Hour%20CYT%20Training%20Program>

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